



## PHYSICAL EDUCATION INDEPENDENT STUDY REQUEST FORM

Some students due to scheduling difficulties have a hard time fitting PE into their schedules. Others are more interested in specific sports. It is for these students that we propose the following:

1. A student must make a request through the academic standards committee.
2. Each student must make a journal of their activity and the time spent in such activity.
3. No Sabbath time will be counted toward the required hours of physical activity, from sundown Friday to sundown Saturday.
4. Students will be required to take 2 full year (10 s.p. min.) of a regularly scheduled PE course. 30 s.p. are required for graduation. This can be a combination of the 2 required year and 1 year of independent study or weight training. However if the student has a study hall period and there is a P.E. class during the same period, the student must take the P.E. class.
5. The student may clock a maximum of 6 hours a week and such time must be turned in on a weekly basis.
6. The student must complete 60 hours of physical activity for 5 semester period credit.
7. Additional educational endeavors may be required such as, a book report, Internet report, history of the sport, etc.

Please submit this form to the registrar's office for prior approval by the Academic Standards Committee to ensure that the activity you will be participating in will receive proper credit.

Student Name: \_\_\_\_\_ Date of Request: \_\_\_\_\_

### PHYSICAL ACTIVITY REQUESTED:

Activity

Name of Adult  
Supervising the Activity

Please explain why you need to do Independent Study for P.E.:

Parent / Sponsor /  
Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### (Office Use Only)

Date Received: \_\_\_\_\_ By: \_\_\_\_\_

Date Reviewed by Academic  
Standards Committee: \_\_\_\_\_ By: \_\_\_\_\_

Approved: Yes  No  If no explain: \_\_\_\_\_

Date Copy Sent Home: \_\_\_\_\_ By: \_\_\_\_\_